

Factsheet 3 — Care and Support Planning

Creating a Care and Support Plan

If you have any eligible needs that are not being met in other ways, we will provide a personal budget for the care and support services you need. We will work with you to plan the help that you need and how you want this arranged.

We will write a care and support plan with you that sets out the help you need to meet your eligible needs, how you want to meet your needs and how much it will cost. If you want to, you can write your own care and support plan and family or friends can help you do this.



We will give you a rough estimate of how much it might cost to meet your needs. We will need to agree your care and support plan and make sure that it is safe, meet your eligible needs and is within the law. We will also make sure that the costs of the services in your plan are realistic and affordable.

Managing your care and support

Once we have agreed which of your eligible needs are to be met by the council, you can choose how to manage your care and support:

- You can manage your care and support, with help from family or friends if you need it, using a direct payment
- You can manage some of your care and support and we manage some, or
- We manage all of your care and support.

Managing your own care and support can give you more choice over how the help is provided and more flexibility around how and when it is provided.

Reviewing your care and support plan

Your plan will be reviewed within the first 6 - 8 weeks of starting to determine that the support you are receiving is meeting your needs.

Following the initial review which will include your financial circumstances the plan will be reviewed on an annual basis.

If your circumstances or needs change between reviews you should contact your social worker or social care staff.

For more information contact customer services:

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