

## Factsheet 2 — Who qualifies for help?

**We support adults who have difficulty with everyday things, so that they can have as much control and independence as possible. If you have a physical or mental condition which makes it difficult to live independently, you might need some extra help.**

We give information and advice to anyone who needs it, and we can help you look at the types of support that will promote your independence. You can organise your support in a way that helps you to live the life you want. This may include help from family and friends, access to social support, services in your community and local support organisations.

For some people, it may also include short-term or on-going social care support from the Council. **This fact sheet explains who qualifies for help from us.**



### **Assessing your needs for care and support**

To receive services from us, we must first assess your needs. We will carry out an assessment if you:

- have care and support needs as a result of a physical or mental condition; and
- are aged 18 or over; or are moving from children's services to adult services; and
- live in the East Riding

The assessment will look at your care and support needs and evaluate any risks to your independence and wellbeing if those needs are not met.

The assessment will look at:

- Any support you may need to help you explain your situation and be involved in your assessment
- Any support you currently receive
- Any health conditions and/or disabilities
- Personal care (eating, dressing, washing, etc.)
- Your medication
- Day-to-day activities, such as preparing food, cleaning and shopping
- Mobility and moving around
- Managing paperwork and your finances
- Social relationships and activities
- Work, training, education and volunteering
- Your living situation
- Your mental health and wellbeing
- Safety and risks
- Caring responsibilities

**The aim is to get a full picture of you and what needs and goals you may have.**

After carrying out the assessment we will then consider whether any of the needs identified are eligible for **social care funding**. The council uses an eligibility framework to decide which needs are eligible to be met by public care and support.

# Who qualifies for help continued...

## **How does the council determine who has eligible needs?**

After the assessment, the council must determine whether you are eligible for social care funding for support. **The Care Act** sets out the national minimum threshold for eligibility, which is the same across England.

***Determining eligible needs is important to work out whether the local authority must meet your needs for care and support.***

## **Who can complete the assessment?**

It can be completed independently, or with the help of family and friends before the visit from a care worker (this needs to be agreed by the local authority). Alternatively, you can wait until the visit and they can complete the assessment with you.

## **What happens after my assessment if I'm eligible for support?**

If you have eligible needs, a support plan will be developed with you detailing how your care needs will be met.

There are many ways by which your needs could be met, such as:

- Identifying your own strengths and/or skills
- By community or voluntary services
- Equipment or assistive technology
- Advice and help from a member of staff
- Help from an unpaid carer, such as family or friend
- Care and support services

If you are eligible for social care support a financial assessment will be carried out to determine how much you will need to pay towards your care, if anything. This has to be determined before you can be allocated a budget known as a 'Personal Budget'.

Some people have to pay the full cost of their care and support service, some pay a contribution and some do not have to pay.

***If you are moving into a care home, different rules apply and the person who assesses your care and support needs can explain this in more detail.***

## **What happens if I am not eligible for support?**

If your needs do not meet the eligibility criteria you will be given information and advice on what support might be available in the community.

**To arrange an assessment, contact customer services:**

**Telephone: (01482) 393939**

**Email: [customer.services@eastriding.gov.uk](mailto:customer.services@eastriding.gov.uk)**