

Factsheet 10 — Help with Money

Where can I get help with money and paying for care?

You should always try and get some **independent financial advice** and research all the options before making any final decisions (see Factsheet 11).

Welfare benefits

It's important to check that you are receiving everything you're entitled to.

Some of the benefits you may be entitled to can be found here:

- Use the Government's online benefits calculators to see what you are entitled to or visit your local Job Centre.
www.gov.uk/benefits-calculators
- Age UK also has a range of useful factsheets and an online benefits calculator.
www.ageuk.org.uk/money-matters/claiming-benefits
or Telephone: **01482 869 181** for more information.
- StepChange is a debt charity which offers free support and advice. They can help you check that you are getting everything you are entitled to.
<http://www.stepchange.org/> or Telephone: **0800 138 1111**
- If you are over 65 years old you can use the guides and factsheets from Independent Age at www.independentage.org/ or Telephone: **0800 319 6789**
- Citizens Advice Bureau has general advice about benefits and help with filling out forms. Find your local Citizens Advice Bureau office at www.citizensadvice.org.uk/ or Telephone: **03444 111 444**



Money Advice continued...

Council tax and housing benefits

The Welfare Visiting Team are available to help any resident in the East Riding struggling with rent and/or council tax payments or repaying overpaid housing benefit.

East Riding of Yorkshire Council

Email: benefit.takeup@eastriding.gov.uk

Telephone: (01482) 394633

Managing your money

You may find it useful to have a budget plan to manage your expenses.

- Citizens Advice has information on managing debt and budgeting and you can talk to an advisor online visit www.adviceguide.org.uk
- Money Saving Expert has lots of information about ways to be more frugal including best deals on insurance, household bills, bank accounts and savings visit www.moneysavingexpert.com
- StepChange can help you deal with debt, manage your money and create a personal finance action plan. You can talk to an advisor on the phone or get personal help online. Freephone 0800 138 1111 or visit www.stepchange.org
- The Money Advice Service is an independent service. The website has a section on budgeting, an online budgeting tool and a live online chat facility. You can talk to an advisor by phoning 0300 500 5000 or visit www.moneyadviceservice.org.uk



For further information contact customer services:

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